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# GAMIFICATION STRATEGIES IN HIGHER EDUCATION: LEVERAGING PAST IN THE ERA OF PANDEMIC

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Abstract: The on-going pandemic has shifted how education, teaching strategies, and technology interact with each other. With the universities forced by the COVID-19 to cease on-campus education and immigrate to virtual class settings, virtual tools, once perceived as a supporting or supplementary education aspect, evolve to be the center stone of contemporary education. While vast arrays of rearrangements are taking place and new ways of class delivery styles are experimenting, the need for providing an engaging online content delivery strategy still exists. As a result, to support a dynamic teaching structure and achieve desired learning outcomes, some university and college lecturers start to employ non-traditional teaching techniques. One of the most widely used and relatively controversial techniques that emerged as a solution is gamification. Whether this teaching method is effective or not has not been well established. It is also still questionable how this strategy can be utilized in a virtual learning environment. Motivated to contribute this on-going debate, the present paper proposes to conduct a systematic literature review following the "Preferred Reporting Items for Systematic Reviews and Meta-Analyses" (PRISMA) methodology to answer the following set of questions: (1) Is gamification a viable teaching strategy? (2) What are the commonly used gamification strategies? (3) Can gamification-based teaching be incorporated to online classes? This study utilizes the Web of Science (WoS) Core Collection database to mine data for the last five years to answer research questions. The results indicate that gamification is an effective teaching strategy and can be easily integrated into virtual class settings. Findings contribute to the relevant literature strand while providing insight about contemporary teaching styles to lecturers.

Keywords: gamification, PRISMA, educational innovation, higher education, COVID-19

#### Introduction

Innovations in communication technologies (ICT) and globalization transform how societies and firms view higher education graduates (Nolan & Hunter, 2012). The demand for softskills and critical thinking are in the core of these changes, the expectations from higher education pupils evolved from conducting highly sofisticated tasks to ability to function across cultures, disciplines, and structures (Lewis, 2017). They are expected to be act as a catalyst of positive and responsible change, while innovating to solve critical problems of the societies that they are living and supporting economic development (Ames *et al*, 2017; Ahern *et al* (a), 2019).

Consequently, the altered expectations mandate the educational programs to evolve. As a response, the delivery of the content in and out of the classroom has been iterated under an array of subjects, such as, curriculum design, developing new institutional policies, and industry partnerships (Lane, 2015; Zhang *et al.*, 2017). As Kotter (1996) states that any change at an institution would mean moving from known to unknown higher education institutions and academics involve with the

arduous work of finding new methodologies that could not only be affective but also can be easily adaptable.

For instance, the new higher education models envisage the prevailing learning systems as a tool that grounds theoretical learning and real-world examples at a collaborative class environment (Ahern et al (a), 2019; Ahern *et al* (b), 2012). In other words, expertise area knowledge must be reinforced by interdisciplinary and inter-personal skills centered pedagogic methodologies (Ahern *et al* (a), 2019; Ahern *et al* (b), 2012; Naimpally *et al.*, 2012). Such a shift from classical education style to more contemporary style requires a thorough strategizing of education tools. Higher education leaders, educators and lecturers must be cautious outlining the borders concerning appropriate pedagogic approaches while offering interactive learning tools to supplement practical education processes.

The main constraints that higher education professionals are facing in terms of aforementioned pedagogic challenge are ability to balance theoretical framework that imparts theory and a practical standpoint that commences hands-on trainings (Alomari *et al.*, 2019). Inability to balance these standpoints and lenience towards one side over the other could threaten a desired level of learning outcome for higher education pupils. In the case of the theory intensive programs, students would regress in their development of practical competencies as a consequence of passive learning. On the contrary, if the hands-on learning or practical side prevails over the theoretical side of a higher education program, pupils would be stagnant on their theoretical development level in their respective areas of expertise.

In order to counter the mentioned problem and implement a strategy that could answer the needs of the current trends, many higher education institutions start experimenting with the gamification strategies in their programs (Oliver, 2017). Studies has shown that it can be an effective tool to support deep-learning, inter-disciplinary critical thinking, peer-based learning, and intrinsic motivation (Treiblmaier & Putz, 2020). Yet, it is not clear how to implement this tool to dramatically changed landscape of higher education due to the on-going pandemic.

The absence of clear directions for how to translate in-class dynamics into virtual classes created a new challenge for the higher education institutions (Kamsker *et al.*, 2020; Sasere & Makhasane, 2020). Before they tackle the change in stakeholders' expectation, these institutions are challanged by the implimentation of new education system that satisfies the expectations of students and diverse bodies while enabling academics to deliver high quality through online or hybrid classes. Students and lecturers alike forced to develop new skills to stay relevant to online and hybrid courses, and the institutions are put into position to decide how to address these needs (Kamsker *et al.*, 2020).

Based on the above discussion, the present paper investigates the following set of questions: (1) Is gamification a viable teaching strategy? (2) What are the commonly used gamification strategies? (3) Can gamification-based teaching be incorporated to online classes? In order to tackle task in the hand, it utilizes the "Preferred Reporting Items for Systematic Reviews and Meta-Analyses" (PRISMA) methodology. This enables the study to survey the body of relevant literature to observe what type of strategies have been implemented in higher education in terms of gamification that can be useful in higher education today, during and after the pandemic.

The rest of the article is arranged as follows. In the following section, the paper presents gamification and gamification related conceptual background and framework. Then, it offers insight about the

methodology employed for the paper and why it is implemented. At the final two sections, the paper draws conclusion via utilizing PRISMA results and offers directions for future research.

# **Contextual Background**

On average, at a given expertise area, a technical knowledge and know-how would be transformed and become passé or absolute in five to seven years (Naimpally *et al.*, 2012). As Eggers *et al.* (2012) states, a learned information could even be transformed into a new idea before students finish paying their tutions debts. High school pupils, thus, must be offered instruments which could assist them in their education goals, workplace as well as professional adaptation. These necessitates institutions to leverage non-traditional learning methodologies, which revolutionize passive learning and offers unique way of learning engagement in new teaching paradigms (Berryman *et al.*, 2013; World Economic Forum, 2017).

Not being able to depart from traditional teaching method is one of the biggest struggles of the higher education (DeMillo, 2015; Mainon, 2018). Many universities still strugling deviating from lecture base, the very rudemental and traditional teaching method, to more dynamic and contemporary teaching methods that could help building higher quality cirriculums (Zemsky & Banning, 2013). This struggle stems from either financial burden that comes with the ability to support such changes (Bradley *et al*, 2011; Lane, 2015), lack of ability to build institutional competencies (Zemsky & Banning, 2013; Ruano-Borbalan, 2019) or combination of them. Therefore, the innovative, yet easily adaptable new teaching styles that would support the prerequisites of modern higher education systems are needed.

One of the candidates that could solve this multifacated problem is the gamification. Gamification, in the simplest terms, can be define as utilizing game dynamics in the context of educational doctorine (Panis *et al.*, 2020). It leverages ICT developments to create an interactive learning base while utilizing game dynamics to motivate students to participate in-class activities and interact with their peers (Vanduhe *et al.*, 2020). In addition, gamification supports the flip-class structure and further reimbursts the in-class teachings with real-world-alike experiences (Sailer & Sailer, 2021). This creates a better learning environment further supports to a deep learning state (Aguiar-Castillo *et al.*, 2020).

Deep learning state is described as the linking process of ex-ante knowledge to a new conceptual knowledge while building new skills that can be applicable into real life scenarios (Karkoub *et al*, 2020). It differs from traditional learning environment in the sense that it replaces uni-dementional knowledge acquiring to multi-dementional sense making and transformative skill building (Archer-Kuhn *et al.*, 2020). It enables students to interact with their peers to learn new perspectives through diverse ideas and increase their soft-skill advancement pace, which are essential to contemporary business environment (Bakhanova *et al*, 2020).

Another advantage of utilizing gamification method of teaching is ability to convert traditional learning dynamics to digitalized multi-access platforms, where interaction is not limited to turn base, but simultaneous and instantenous (Lizandra *et al.*, 2020). It enhances the student and instructor interaction via providing different layers of engagement and communication paths (Bai *et al.*, 2020). However, some researchers suggest that the current phase and the way that gamification is applied to higher education is superficial as well as inadequate (Bogost, 2011; Toda *et al.*, 2018). They believe

that gamification oversimplifies reality and lead to lesser learning outcomes and stagnation among pupils. On the contrary side, the contemporary research provided strong evidence suggesting appropriate choice of gamification strategy could eradicate the mentioned problems and further enhance important educational consequences, such as, improved self-perceived competencies, collaborative problem solving, and higher aptitude towards theoretical subjects (Tsay *et al.*, 2018; Jurgelaitis, 2019; Klock *et al.*, 2020).

During the time of pandemic and transformation from on campus learning to online learning, beyond the capability of providing a teaching tool, gamification could also be utilized as an assessment tool in digital settings. For instance, it is possible to utilize game concepts to first deliver the content at a given class, then, utilizing gamification techniques to measure the learning outcome (Kapp *et al*, 2013). Connectivist pedagogy perspective, "the connectedness of learners through electronic networks" (Danka, 2020. p.76), highlights that self-teaching, lifelong learning as well as peer-interaction and evaluation of learning can be possible via leveraging gamification strategies (Xiong & Suen, 2018; Sezgin & Sezgin, 2019; Danka, 2020).

Yet, there are not a consensus on strategies which could yield desirable outcome as oppose to jeopardize integrity of curriculum building and program development. In order to fill this gap, the following set of research questions are investigated: (1) Is gamification a viable teaching strategy? (2) What are the commonly used gamification strategies? (3) Can gamification-based teaching be incorporated to online classes? The next section of the study introduces how "Systematic Reviews and Meta-Analyses" (PRISMA) methodology is employed in the context of this study.

## Methodology

The majority of the methodical examinations of literature in the education disciplines have adopted either narrative literature review, metamethod review, thematic review, or meta-analytic trend analysis (Hallinger, 2013). However, these methods might either suffer from academic rigor to explain essence of the focused topic or disregard major studies' discoveries (Levitt, 2020; Moher *et al*, 2009). Thus, to address these concerns and supplement the robustness of the study, this systematic review employs a mix of inductive and deductive strategy, namely PRISMA method.

PRISMA method, classified as a qualitative research approach, utilizes a flow chart scheme which reflects upon each stage of a methodical and systematic literature review (Moher *et al.*, 2009; Wang *et al.*, 2020). The inferential strategy is employed to craft steps of the systematic review, such as, search engine selection, quality appraisal, analysis, and inclusion, and exclusion criteria based on previous researches (Mertz *et al.*, 2017). In a similar fashion, inductive approach is applied to advance the quality and refinement of selected papers. As a last refinement point, the author go through the "abstract," "introduction," "methodology," and "conclusion" sections of the selected papers. This enables the study to highlight efficacy of relevant literature while addressing the aforementioned research questions.

#### **Data & PRISMA Application**

Web of Science (WoS) Core Collection is chosen as a data source. It was utilized to conduct research with the data range "last five years." As a rule of thumb and exclusion criteria, documents that are either identified as literature review, editorial entries, book chapters, work in progress, reprint, early

access or conference presentations and proceedings are omitted. Only full scholarly papers that are published by the time February 10th, 2021, are considered. In addition, any papers that is not openaccess and not written in English is omitted. These criteria are established based on the previous literature to increase the transparency of the study while ensuring its replicability (Gobbo & Russo, 2019; Cuervo-Cazurra *et al.*, 2016; Wolters, 2015).

Table 1: First Round of Exclusion Numbers Based on Document Type in Depth

Type of Document	Number of Documents
Review	22
Editorial	4
Book Chapter	9
Early Access	10
Reprint	1
Proceedings	1
Total	47

The initial search engine data mining returns 366 manuscripts. The key words that utilized for this step are "gamification" + "higher education". Afterwards, result of the search screened for the dublications. There are not any dublicate entries that are identified during the screening. As a result, eligible number of the papers is stay at 366. As a following step, the author applies the exclusion criteria for literature review, editorial entries, work in progress, reprint, early access or conference presentations and proceedings. This leads to additional omission of 47 papers. After required exclusions are performed, the available full text number is reduced to 319. As a final screening, the set of non-English and non-open access papers are removed. The final number, as a result, is determined as 137 manuscript.

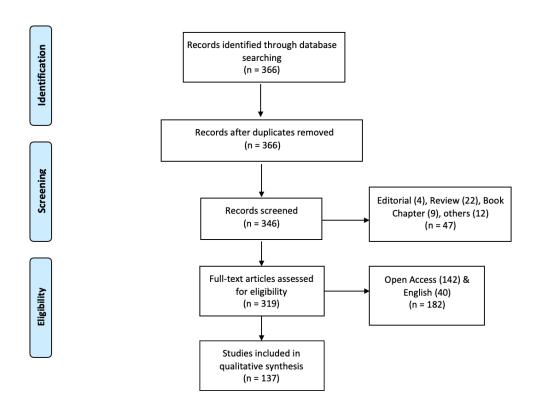


Figure 1: PRISMA Flow Chart

Figure 1 illustrates all the steps employed for the literature review through the flow chart demonstration. It gives a clear understanding of when the exclusions and inclusion criteria are exercised. All the steps mentioned in the flow chart are accompanied by the corresponding total numbers of the studies at a given literature review level for transparency and replicability.

#### **Results**

After examination of the 137 selected manuscripts, one of the most important findings of the systematic literature emerges as the students' favorable point of view towards gamification, especially in online education. For instance, Yang *et al.*, (2020. p.1), report that "predisposition of the students towards the development of innovative didactic experiences based on gamification is corroborated." In addition, Seidlein *et al.* (2020) suggests that virtual learning platforms that are supported by the gamification learning techniques increase students' information retention, motivation to learn, and revisiting concepts on their own pace, which supports deeper learning among pupils.

Another common theme that approached is the effectivness of the gamification strategies amongst large groups. It is established in the scholarly work that size of a given classroom could alter, negatively or positively, the learning outcome. For instance, Webb & Palinscar (1996) suggests that certain teaching modes can support large groups and lead to successful learning outcomes; whereas, other strategies may not be as affective (Hmelo-Silver & Chinn, 2016). However, the conducted literature review highlights that the larger the group either gamification based learning keeps its effectiveness, or, in some casses, it even becomes more effective (Díez-Pascual & García Díaz, 2020; Ahmad *et al.*, 2020). Students interaction at the large group stimulate more discussions in game settings and in smaller settings, students get more competitive. Therefore, "one size fits all" approach,

especially in online tools like Kahoot! or similar platforms that supports gamification based teaching, works effectively.

It is also worth to note that findings point a well-design gamification platform could stimulate "implimentation" of previously learnt information into a new platform, digital environment, at a new context. In other words, gamification help students to not only retrieve an information, but also let them to manipulate and leverage in the need of new environments at a practical manner (Carrión-Toro *et al.*, 2020). In a parallel line of thought, the results underline that gamification support students' critical thinking development and competency in problem solving.

In terms of commonly utilized techniques, there are three main gamification strategies emerge. The first strategy is delivering the lecture first, then, asking students to solve a "puzzle" or a "real life alike" scenarios (Karkoub *et al*, 2020). The second pedagogic usage that emerged as a successful gamification strategy is guided problem solving. In this strategy, students expect to work with their groups or standalone to pass different "stages" of a gamified problems via help of pre-designed and mapped feedback system. Every right or wrong decision would tied up with an explanation and feedback. Hence, students can learn at their pace with error and trail approach. The last strategy that widely used is research based approach. In this strategy, the professor would introduce a problem and provide a part of the solution just enough to direct students to conduct their own research. As a result, they would be motivated to utilize as many resources as they can leverage to overcome a gamified challenge.

The final, yet, maybe the most significant finding is gamification strategies' ability to advance learning diagnoses. For instance, Portela (2020, p.29) reports that "this approach is the fact that the student's performance/work generates a lot of useful data to categorise the type of students and understand the best path to success" for higher education puppils. In addition, due to the self-learning, automatic feedack mechanism, and peer-evaluation systems, it reduces the professors' workflow and increase their availability for other scholarly activities as well as university service obligations.

## Conclusion

The ongoing pandemic has shifted how education, teaching strategies, and technology interact with each other. With the universities forced by the COVID-19 to cease on-campus education and immigrate to virtual class settings, virtual tools, once perceived as a supporting or supplementary education aspect, evolve to be the center stone of contemporary education. One of the most widely used and relatively controversial techniques developed as a solution to emergent new higher education trends is gamification. Therefore, this study aims to answer the following three main research questions: (1) Is gamification a viable teaching strategy? (2) What are the commonly used gamification strategies? (3) Can gamification-based teaching be incorporated into online classes?

Through PRISMA systematic literature review, the paper's findings reveal that gamification is a viable teaching strategy and an effective pedagogic style, which can be employed in online and face-to-face classroom settings. It is suitable to utilize at different class sizes as well as various disciplines. Nevertheless, some of the gamification strategies have emerged as more effective than the others due to their ability to support holistic education curricula through their dynamic nature, ability to portray real-life scenarios, and stimulating higher education pupils' epistemological development. These

gamification strategies are "puzzle/real-life" case studies, "guided problem solving," and "research-based" gamification approaches.

The literature review findings also highlight that it is possible to establish gamification-based online structures where students can get pre-designated feedback. They will tackle gamification-based challenges step-by-step, either interacting with each other to exchange ideas or individually, and get feedback when they complete each activity or phases. This can stimulate self-paced learning among students and reduce the dependency on course facilitators for feedback. As a result, the time that faculty spend to provide feedback would be reduced, and their workflow potentially gets lighter.

Overall, the study reflects upon; the (1) effectiveness and viability of gamification-based teaching strategies, (2) commonly used gamification techniques ("puzzle/real-life" case studies, "guided problem solving," and "research-based" approaches), and (3) adaptability of the gamification strategies in online teaching settings. Based on the findings, the paper supports the idea that gamification strategies can be leveraged and employed in higher education institutions to meet requisites of the current digital education trends that emerge with the COVID-19.

## **Limitations and Future Research Opportunities**

This study, like its contemporaries, has its shortcomings. These shortcomings, however, present future opportunities for the researchers. The first shortcoming of the given study is its scope. The literature review is conducted based on a single database and open-access papers. In the future, a research team may leverage multiple databases to establish a broader literature review. The second shortcoming could be seen as the language. Even though the most impactful papers written in English (Gobbo & Russo, 2019; Wolters, 2015), the study may not address important or impactful studies in other languages. Therefore, it might be very lucrative to form a multilingual team to expand the scope of the study. The third and last shortcoming is that the study based on the publications that are available from the second half of the 2020 and backwards (last five years), which are based on the old-normal state of the gamification strategies employed in higher education. Hence, a study that focuses on recently published articles during the current phase of the pandemic could be a future research opportunity.

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